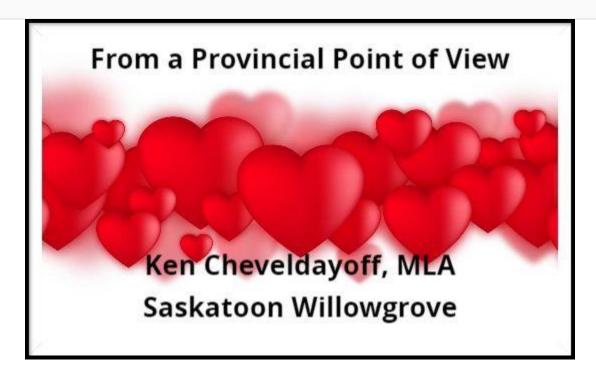
Check out what's happening in Saskatoon Willowgrove and throughout the Province!



WILLOWGROVE UNIVERSITY HEIGHTS COMMUNITY

ASSOCIATION FAMILY FUN DAY



It was a beautiful Saskatchewan day this past Saturday for the Winter Family fun Day hosted by the Willowgrove University Heights Community Association.

Several families attending the fun day had the opportunity to skate, sled, have a sleigh ride and participate in many other fun winter activities, followed by hot chocolate and treats.

Special thank you to the WUHCA executive members, along with the many volunteers for planning and executing such a fun day for all to enjoy.

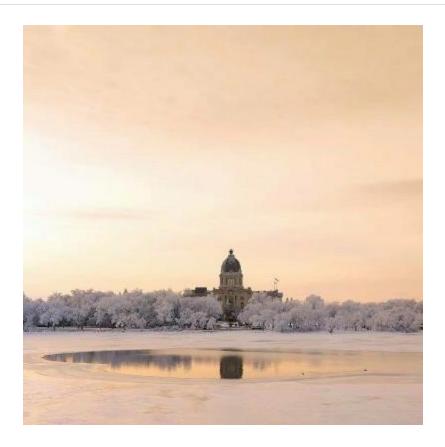


I hope everyone enjoys a Happy Valentine's Day. February 14th is a great day to remind us to show those we care about how much they mean to us.

A few fun facts about Valentine's Day:

- In order of popularity, Valentine's Day cards are given to teachers, children, mothers, wives, sweethearts and pets.
- On Valentine's Day every year, there are at least 36 million heart shape boxes of chocolates
- The red rose was the favourite flower of Venus, the Roman goddess of love.
- Worldwide, over 50 million roses are given for Valentine's Day each year.
- In the Middle Ages, young men and women drew names from a bowl to see who would be their Valentine. They would wear this name pinned onto their sleeves for one week for everyone to see. That was the origin of the expression "to wear your heart on your sleeve."
- Richard Cadbury invented the first Valentine's Day candy box in the late 1800s.
- Probably the first greeting cards, handmade valentines, appeared in the 16th century. As early
 as 1800, companies began mass-producing cards. Initially, these cards were hand-colored by
 factory workers. By the early 20th century even fancy lace and ribbon-strewn cards were
 created by machines.

REPORT FROM THE LEGISLATURE



Saskatchewan continues to make progress in attracting healthcare workers from home and abroad as part of the Health Human Resources Action Plan. Through this plan, we are strengthening our healthcare system to provide the best care possible. This \$60 million investment will add 1,000 new healthcare professionals in the coming years.

A call was made to internationally educated health providers in Saskatchewan and Canada who may be eligible for additional educational or employment opportunities; over 600 applications were received. Options are being considered for bridging and educational programs.

Following a successful healthcare recruitment mission to the Philippines late last year, over 160 conditional offers of employment have been made to Filipino healthcare professionals. Recruited Registered Nurses (RNs) have begun working their way through the RN Pathway, which includes language, bridging education and licensing. Another 1,000 candidates who attended information sessions in Manila during the mission have been contacted. We are excited these professionals are choosing to plant roots in Saskatchewan and build their careers here, and we are committed to making their transitions as smooth as possible.

A full staff of Health System Navigators is now in place to helpinternationally educated healthcare workers transition into the Saskatchewan workforce. The Navigators can be contacted for assistance by email at HHR@Health.Gov.Sk.ca.

We are also investing in training opportunities for healthcare providers in our province. In the fall of 2022, we added 150 new seats to Saskatchewan's nursing programs. The Saskatchewan Indigenous Institute of Technologies added 20 new seats to its Health Care Aid program. We also added seats at the College of Medicine and Saskatchewan International Physician Practice Assessment.

In addition, our government announced a separate investment of \$5.5 million for over 550 new seats in 18 different healthcare training programs. This is an unprecedented expansion and seats will be available in several programs as soon as fall 2023. These additional seats create exciting opportunities for students to build careers in healthcare right here at home.

Two brand new health training programs are beginning in our province this March. The Indigenous Birth Support Worker Program, through the Gabriel Dumont Institute in a partnership with the SHA, will offer 12 seats for its eight-week course. Southwest College, in partnership with the Assiniboia Union Hospital and SHA, is offering a new 33-week full-time Continuing Care Aid program.

Learning opportunities have been made available for high school students as well. Grade 12 students are eligible for job shadowing and students over the age of 14 can participate in healthcare volunteer programs.

To keep our valued healthcare workers here in Saskatchewan, our government now offers one of the top incentives packages in Canada. Up to \$50,000 is available for new employees in a three-year return-of-service agreement in rural and remote communities. To date, 31 incentive packages have been approved. Saskatchewan communities of all sizes have a lot to offer in terms of healthcare career opportunities and quality of life.

We are also taking steps to keep Saskatchewan graduates in the province to build their careers. The SHA's new Grad Nurse Expression of Interest initiative matches graduates with an area based on their skills and expertise. Of the 78 nursing graduates from December, 68 have submitted their expression of interest and 29 have accepted conditional job offers.

Over \$210,000 has been paid out in 2022-23 through the Final Clinical Placement Bursary, which is offered to students in an eligible health discipline that requires the completion of a final clinical placement as part of training. Graduates may also be eligible for student loan forgiveness and income tax credits. These investments demonstrate our government's long-term commitment to helping students build their health careers in Saskatchewan.

We are investing in new permanent positions in high-priority areas across the province. The SHA has filled over 90 positions in rural and remote areas, which is more than half of the new full-time and enhanced part-time to full-time positions.

Work continues under the Health Human Resources Action Plan, strengthening our province's healthcare system. We are committed to building a strong healthcare workforce to support Saskatchewan today and into the future.

FAMILY DAY FREE FISHING WEEKEND RETURNS, FEBRUARY 18-20



February 18-20 is Free Fishing Weekend in Saskatchewan - the perfect opportunity to give ice fishing a try, without having to purchase a fishing licence.

"We have world class fishing in Saskatchewan, and we don't let the cold temperatures prevent us from taking full advantage of it," Environment Minister Dana Skoropad said. "Free fishing weekend is the perfect opportunity to try your hand at one of our province's favourite pastimes."

<u>Family Day Free Fishing Weekend Returns, February 18-20 | News and Media | Government of Saskatchewan</u>

CAMECO TO SUPPLY UKRAINE'S URANIUM NEEDS TO 2035



Premier Scott Moe, "Saskatchewan has what the world needs!

With energy security top of mind in countries around the world, Cameco has agreed to provide Ukraine 100% of their uranium needs for the next decade.

The agreement will see the equivalent of 40.1 million pounds of uranium supplied to nine nuclear reactors, with an option to provide an additional 27.2 million pounds to six reactors should Ukraine regain control of the reactors from Russia.

Cameco also announced its newly restarted McArthur River mine will increase production by 20% in 2023, from 15 million to 18 million pounds.

This is great news for Cameco, northern Saskatchewan and our entire province." https://www.world-nuclear-news.org/.../Cameco-to-supply....

SASKATCHEWAN SEES GROWTH IN BUILDING PERMITS



Statistics Canada released December 2022 numbers on the value of building permits, with Saskatchewan jumping 26.1 per cent (seasonally adjusted) compared to December 2021. This was the second highest percentage increase among the provinces. Nationally, permits were down 9.3 per cent.

"Saskatchewan continues to show strength in several key economic indicators, and today's building permit numbers are further proof that our province has one of the most competitive business environments in Canada," Trade and Export Development Minister Jeremy Harrison said. "These latest numbers are another sign that Saskatchewan continues to lead the nation and provide growth that works for everyone."

Saskatchewan Sees Growth in Building Permits | News and Media | Government of Saskatchewan

TRADE MISSION TO JAPAN & SOUTH KOREA

Trade Mission To Japan & South Korea Saskatchewan opened an international office in Japan in 2021 Total exports valued \$1.4B Top exports were canola seed (\$927M) and wheat (\$307M) in 2021 Exports to Japan have grown 26 per cent (2019-2021) Total exports valued \$205M Top exports were canola oil (\$146M) and wheat (\$31.9M) in 2021 Exports to South Korea have grown by 37 per cent (2017-2021) Saskatchewan.ca

Delegation Explored New Opportunities For Trade And Collaboration On Energy Transition

Trade and Export Development Minister Jeremy Harrison led a delegation to Japan and South Korea last week to discuss new trade opportunities. The mission focused on promoting Saskatchewan's natural resources sector including critical minerals, uranium and helium, as well as highlight the importance of partnerships in food security and energy transition.

Saskatchewan exports more than \$1.5 billion to Japan and South Korea, with a high priority placed on continuing to develop and diversify existing links there with our key economic sectors, along with establishing new and innovative ways to sustainably develop resources.

"We know that strong international relationships are critical to ensuring a thriving provincial economy and building our relationships with our partners in Japan and South Korea are no exception," Harrison said. "Saskatchewan has seen increased trade to these markets over the last five years, and this mission can reinforce our capacity as a strong, reliable partner into the future."

<u>Trade and Export Minister to Lead Mission to Japan and South Korea | News and Media | Government of Saskatchewan</u>

POST-GRADUATE AND GRADUATE STUDENT SCHOLARSHIPS



If you are pursuing post-graduate and graduate studies at the <u>University of Regina</u> or the <u>University of Saskatchewan</u>, you may be eligible for a \$20,000 scholarship.

The Queen Elizabeth II Scholarship and Queen Elizabeth II Aboriginal Centennial Scholarship application deadlines are February 28, 2023. Learn eligibility requirements and download the application at the websites below:

Queen Elizabeth II Scholarship: https://www.saskatchewan.ca/.../queen-elizabeth-ii...
Queen Elizabeth II Aboriginal Centennial Scholarship:
https://www.saskatchewan.ca/.../queen-elizabeth-ii...

SASKATCHEWAN EXPLORING WAYS TO INCREASE ACCESS TO HEALTH SERVICES



The Government of Saskatchewan is looking at innovative ways to increase patient access to a variety of health care services and to build capacity within our health care system.

In the coming days, the Ministry of Health will begin consultations with a variety of stakeholders on enhancing the scope of practice for pharmacists, nurse practitioners and advanced care paramedics. The consultations will inform any legislative, regulatory or bylaw amendments that may be needed to allow these health professionals to expand or optimize the services they can currently provide.

"Empowering our highly educated health-care professionals to utilize all of their knowledge and skills will ensure patients have greater choice and more timely access to health services," Health Minister Paul Merriman said. "These consultations will inform system improvements which align with our ambitious four-point plan to recruit, train, incentivize and retain health-care workers in Saskatchewan."

Some examples of potential changes could include:

- allowing paramedics to stitch minor wounds or cuts rather than transporting to the emergency department;
- allowing Nurse Practitioners admitting and discharging privileges in hospitals; and
- potential for independent prescribing for pharmacists.

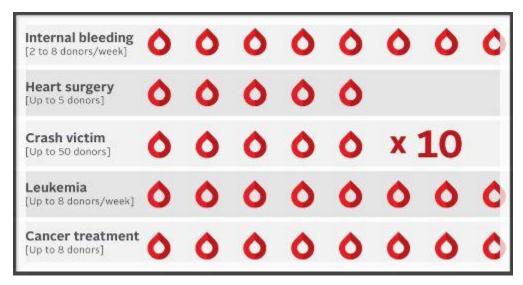
The proposed changes would benefit patients through anticipated shorter wait times for primary care or having additional options for accessing certain health care services. This will also provide the opportunity

to allow all of our health professionals to contribute to safe care across a number of services as we work to support our health human resources across the health system.

Consultations will include regulatory bodies, associations, unions and health system partners and will take several weeks. These consultations are a key part of supporting the goals of the Health Human Resource Action Plan to increase and stabilize our health workforce.

As government and health system partners continue to explore ways to enhance access to health services there may be opportunities for scope optimization and expansion for additional health professionals in the future.

PLEASE CONSIDER DONATING BLOOD



The need for blood donation is always there. Book an appointment with <u>Canadian Blood Services</u> at an upcoming clinic and help save a life. In addition to clinics in Regina and Saskatoon every week, several communities in Saskatchewan are hosting donor clinics in February and March 2023:

Yorkton (February 14)
Prince Albert (March 6)
Melfort (March 20)

Visit www.blood.ca for more information on clinic times and locations.

REMINDER - PLEASE SLOW DOWN IN SCHOOL ZONES



With the weather conditions changing daily, please drive accordingly as it can be very icy. Children's safety should always be top of mind.

Always remember to slow down in school zones. Each city or town sets their own school zone speed limits. As a result, laws vary from place to place, so watch for signs! (Fines for speeding in school zone are more expensive; that's a lesson you don't want to learn the hard way.)

DISCOVER THE KENDERDINE ART GALLERIES AT THE U OF S



Read this blog for everything you need to know about the Kenderdine Art Galleries at the University of Saskatchewan

https://www.tourismsaskatoon.com/.../discover-the.../

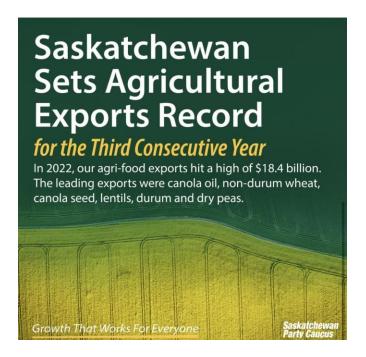
*Photograph by Carey Shaw

THIRD CONSECUTIVE YEAR OF RECORD AGRICULTURAL EXPORTS FOR SASKATCHEWAN



Saskatchewan's agriculture industry has posted a third consecutive year of record agri-food exports, with a total value of \$18.4 billion for 2022.

The leading agri-food export commodities in 2022 were canola oil, non-durum wheat, canola seed, lentils, durum and dry peas. The top five international market destinations were the United States, China, Japan, Mexico and Algeria.



"Saskatchewan's agriculture industry is a model for reliability and innovation, as these export figures show," Agriculture Minister David Marit said. "Saskatchewan producers continue to make an impact both inside and beyond our borders, as a driver of our provincial economy and as a worldwide leader in sustainable agri-food production. These numbers demonstrate our progress toward the \$20 billion agri-food export target in the 2030 Growth Plan."

<u>Third Consecutive Year of Record Agricultural Exports for Saskatchewan | News and Media |</u>
<u>Government of Saskatchewan</u>

DID YOU KNOW?



These fruits will be your best buys this month! Don't forget to check out frozen and canned produce which are just as nutritious and can be a great option to help stretch your food dollar.

JANUARY SEES OVER 16,000 NEW JOBS



Saskatchewan's Month-to-Month Employment up 4,500

Recently released January labour force figures from Statistics Canada show Saskatchewan is off to a strong start in 2023, with 16,400 new jobs when compared to January 2022, an increase of 2.9 per cent.

"Our province is off to a great start in 2023, with thousands of new jobs across many of Saskatchewan's various and vital industries," Immigration and Career Training Minister Jeremy Harrison said.

"Saskatchewan's economy is full of opportunity for newcomers and residents alike, and our government looks forward to strong, continued growth that works for everyone in the coming year."

January Sees Over 16,000 New Jobs | News and Media | Government of Saskatchewan

PLEASE CONTACT ME IF YOU REQUIRE ASSISTANCE



I appreciate any opportunity to make a positive difference in our constituency.

Your phone calls, letters, and emails make a big difference in keeping me informed on the issues that matter to you.

If you would like me to recognize anyone or have your event mentioned in this newsletter, please don't hesitate to call or email me.

ken.cheveldayoff.mla@sasktel.net or 306.651.7100

If you are no longer interested in receiving this newsletter, please click on the UNSUBCRIBE option at the bottom.

TIPS TO PREVENT FALLS



Falls can have immediate and lasting health impacts. When daily temperatures fluctuate wildly, and we get some wind/rain/snow, every day activities can suddenly be an icy mess.

Tips to prevent falls:

- Always look where you step
- Slow down
- Walk slower and with wider gait
- Wear shoes with good tread
- Put down de-icer/sand as needed

DECIDING TO GO TO THE EMERGENCY DEPARTMENT?



DECIDING TO COME TO THE EMERGENCY DEPARTMENT

Does my child or youth need emergency care?

Information for Parents

As a parent or guardian, you know your child best. The Emergency Department is always here for you. Here are some examples to help you decide if your child is in need of emergency care:

EMERGENCY

NOT AN EMERGENCY

Fever: less than 3 months old, immune system problems or complex chronic health problems; very sleepy or difficult to wake.

Breathing Problems: respiratory distress (working hard to breathe, breathing faster than normal), pale skin, whitish or blue lips, asthma or wheezing not responding to usual puffers or chest pain.

Vomiting or diarrhea: less than 3 months old, repeated vomiting and unable to keep liquids down (any age, if it lasts 8 hours or more), vomiting and diarrhea containing Vomiting or diarrhea: vomiting or diarrhea less than 3 large amount of blood, dehydration with dry mouth or no urine more than 12 hours.

Injuries: head injuries with loss of consciousness (passing out or confusion or repeated vomiting, cuts that consciousness, no confusion, no vomiting), scrapes and may need stitches, burns that blister and are larger than a Loonie, injury to arm or leg causing large swelling or inability to use the limb, eye injuries or injury causing chest or stomach pain.

Rashes: rash with fever that looks like tiny or expanding bruises, hives along with difficulty breathing or vomiting/diarrhea.

Fever: healthy and vaccinated babies and children who appear generally well and playful when the fever is down with ibuprofen (Advil®, Motrin®) or acetaminophen (Tylenol®, Tempra®).

Breathing Problems: nasal congestion and cough (even interrupts sleep), symptoms of the 'common cold', mild asthma or wheezing that responds to usual puffers, including rescue puffers (ventolin/blue one) less than every 4 hours.

to 4 times a day; ongoing diarrhea after 'stomach flu' (this can last for up to 2 weeks).

Injuries: minor head injuries (no loss of bruises where the injured part can still be used and sun

Rashes: recurring rashes or skin problems; rashes with cough and cold symptoms if the child looks well, mild hives that respond to antihistamines (Reactine®).

Alternatives to the Emergency Department:

- 1. Call your Primary Care Provider. If the office is closed, follow the voice message for instructions and details about accessing care outside of office hours. Many care providers have same-day, next day or walk-in hours during evenings and weekends.
- 2. In Saskatchewan, call HealthLine 811 (24 hours a day, 7 days a week). HealthLine can provide your with health advice about your child's illness or symptoms. C HealthLine 811
- 3. Visit a walk-in clinic or urgent care centre.



Need more information on resource and programs for children in Saskatchewan?

Visit momsandkidssask,ca or use the QR code to the left with your mobile device



PIER - Patient Information and Education Resource This resource is for educational use only. If you have questions, ask your healthcare provider.



Deciding when to go to Emergency...tips for parents.

4 out of 10 visits to the Emergency Department are for minor illnesses (situations/illnesses your Primary Care provider can manage).

Because we triage in Emergency, those most ill are seen first which means those with less serious illnesses will likely wait.

If you are unsure, call your Primary Care Provider's office or HealthLine 811.

More: https://momsandkidssask.saskhealthauthority.ca/.../it...

23RD SASKATCHEWAN TEACHERS' INSTITUTE ON PARLIAMENTARY DEMOCRACY



Teachers! This year's Saskatchewan Teachers' Institute on Parliamentary Democracy is April 29 to May 3, 2023.

Register before February 13 to get the early bird rate!

Learn more: https://www.legassembly.sk.ca/about/role-speaker/ssti/

HELPING WITH SERVICES TO MAKE PEOPLE FEEL AT HOME IN SASKATCHEWAN

We can help you find the people, information, resources and services you need to make Saskatchewan your home!

Saskatchewan offers many settlement programs to assist all who make our province your new home.

For more information, visit: https://www.saskatchewan.ca/.../langu.../settlement-services

YOUR GUIDE TO FAMILY DAY WEEKEND IN SASK PARKS



Do you have plans for Family Day weekend? Check out what <u>SaskParks</u> has to offer.

RECYCLE YOUR END-OF-LIFE ELECTRONICS



Did you know that @SARCAN Recycling collects end-of-life electronics at ALL of its depots on behalf of @Recycle My Electronics - EPRA Saskatchewan?

Check out what's accepted: https://www.sarcan.ca/pages/electronics.html

WINTERSHINES FEBRUARY 18 - 25



Nutrien WinterShines is Saskatchewan's premiere winter festival

Nutrien WinterShines celebrates Saskatoon's winter season and provides an opportunity for citizens from across Saskatchewan to get out and enjoy it! The festival is a community not for profit endeavor comanaged by Tourism Saskatoon and On Purpose. Each year WinterShines chooses a focus with community and social benefit and the theme for 2023 is "Fabulous ConStarlations". The festival will take place from February 18 - 25, 2023.

Get ready for an action packed week at Wintershines Saskatoon! I am listing just a few of the fabulous events you can enjoy. Be sure to visit the website to learn more.

Nutrien Winter Shines - Nutrien Winter Shines

SNOW CARVING WORKSHOP!!



If you're coming down to WinterShines this year you'll be seeing some amazing snow sculptures designed and carved by Patricia Leguen. And you'll probably be wondering, "Wow, how did she do that?!" Why not learn yourself! Saturday, Feb. 18th

Sign up here - https://www.nutrienwintershines.ca/workshop-registration/



Oh my gosh the Igloo building is going to be so much fun! Be creative, bring your team or family. Get registered now we have room for only a couple more teams. Dont leave it to late!

(https://www.nutrienwintershines.ca/iglooconstructioncomp.../) NSBA Discover Saskatoon Greater

Saskatoon Chamber of Commerce



From February 18-25 come to Friendship Park and enjoy a magical journey as Saskatoon visits the world in lights. These large and in life displays are illuminated sculptures representing major iconic structure from around the globe will amaze!

See illuminated structures including the Eifel tower, Taj Mahal, Dutch Windmill and London Bridge! These amazing illuminated structures are sprinkled among the amazing ice and snow sculptures in Friendship Park, and here for a limited time only.

IF YOU HAVE AN EVENT YOU WOULD LIKE INCLUDED IN OUT **NEWSLETTER, PLEASE LET US KNOW!**



shutterstock.com · 1538520572

WINTER ZOO CAMP



When: February 21 - 24 Where: Saskatoon Zoo

Information: www.saskatoonzoosociety.ca/camp-activities/

BRIGHTON WINTER SHOOTOUT



When: March 4

Where: Brighton Core Park Pond - end of Taube Ave in Brighton Information: www.saskatoonprogressclub.com/wintershoot-out

GARDENSCAPE



When: March 24 - 26 Where: Prairieland Park

Information: Admissions & Tickets - Gardenscape (gardenscapeshow.ca)

CHILDREN'S HOSPITAL JEANS & JEWELS GALA



When: May 5, 2023 Where: Prairieland Park

Information: Gala Table - Jim Pattison Children's Hospital Foundation

(pattisonchildrens.ca)

READ ADDITIONAL GOVERNMENT NEWS RELEASES



<u>Premier Advocates for Saskatchewan Resources in Houston | News and Media | Government of Saskatchewan</u>

<u>February Oil and Gas Public Offering Raises \$3.1 Million in Revenue | News and Media | Government of Saskatchewan</u>

2023 Preliminary Runoff Report | News and Media | Government of Saskatchewan

SRC Signs Memorandum of Understanding with Star Group Ind. on Further Developing the REE Supply

Chain | News and Media | Government of Saskatchewan

SIRT Seeking Witness to Prince Albert Officer-Involved Shooting | News and Media | Government of Saskatchewan

<u>Procurement Begins for Regina General Hospital Parkade | News and Media | Government of Saskatchewan</u>

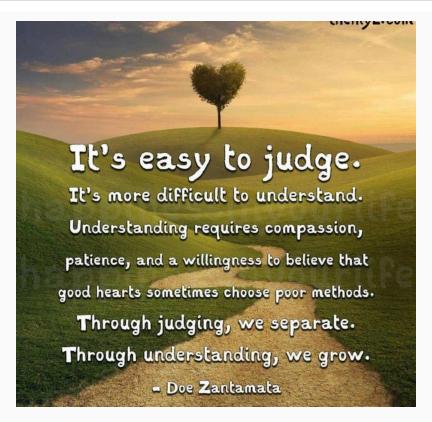
New Regina Urgent Care Centre Now 50 Per Cent Complete | News and Media | Government of Saskatchewan

<u>Site Preparation Begins for Prince Albert Victoria Hospital Project | News and Media | Government of Saskatchewan</u>

Check First, Invest Later: New FCAA Campaign Educates Residents About Investment Fraud | News and Media | Government of Saskatchewan

Regina Emergency Medical Services Adding More Paramedics | News and Media | Government of Saskatchewan

THOUGHT OF THE DAY



friend on Facebook | forward to a friend

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